

20 June 2019

Issue 18

St Thomas More Catholic Primary School



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The Vine



Principal's Report

Lord Jesus,

Bless the children coming forward to receive Holy Communion for the first time.

May this day be an initial step into a life-long love of the Eucharist.

Give them a hunger for this sacred food so that they turn to you for comfort, guidance, and wisdom as they grow into full discipleship.

Thank you for their innocence and goodness.

May their hands, extended in anticipation of your Body and Blood, inspire all of us to cherish this sacred sacrament.

We ask this through Christ our Lord.

Amen



Dear Parents and Caregivers,

iPads in Classrooms

Year 4 and 5 students were excited on Friday as they received their new iPads. Already they have been incorporating these devices into their learning, using them to complete physical movements through Champion Life – a program teaching the children how to participate in various physical activities, producing a report, which includes images, text and diagrams and as a research tool. The Year 4 and 5 teachers have been particularly excited about incorporating these devices into their teaching programs and assisting the students to learn new 21st Century skills.

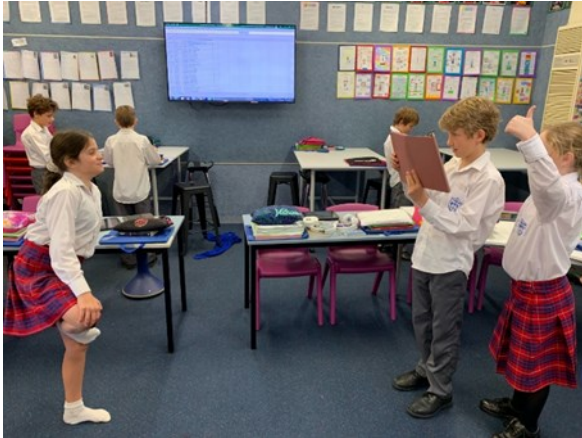


New Deli Menu for Mondays and Tuesdays

Please note that there is a change to the Monday/Tuesday Lunch Menu. Further details are at the back of this newsletter.

Continued over.....

Principal's Reportcontinued from Page 1



Year 5 students participating in a Body Set activity.

Student Wellbeing and Mindfulness

We will be implementing a new program next term which will be aimed at enriching each child's wellbeing and health. Classes will be beginning to incorporate some form of mindfulness or meditation in the school day, encouraging students to become more focused, settled and attentive. Research has shown that just 10 minutes a day can assist students in reducing anxiety, depression and stress, whilst improving behaviour, a sense of self and learning capacity. Further to this, as of next term, all students will be able to access Champion Life, kindly paid for by our wonderful P&F. This is a program that is designed to complement our Health and Physical Education program offering students the Body Sets – which are short physical activities designed to increase the daily activity of students which helps them to refocus, stay on task and learn more effectively. These are demonstrated by a Real Life Role Model who provides an ideal figure for the students to aspire towards and also present a 'Life Message' for the students to take away and reflect on. We are excited to offer our students the opportunity to further develop their mental wellbeing, as we continue to develop the whole child.

Sacrament of Eucharist

This Sunday 23rd June, 14 of our Year 4 students will receive the Sacrament of Eucharist for the very first time. These children, with the help and support of their parents and teachers, have been preparing for some time now to make this commitment to Jesus and deepen their relationship and connection to Him. The Sacrament of First Eucharist is the second of the 3 Sacraments of Initiation into full membership of the Church. Receiving the Body and Blood of Jesus for the very first time celebrates that these young people have made a conscious decision to follow in Christ's footsteps and strive in their daily lives to become more like Jesus.

The Eucharist nourishes us for our Christian life. We gather for Mass to pray together and to share a meal. Through the Eucharist we become the Body of Christ in the world. As we prepare these children to come to the table of the Lord, it is important for us to help them understand that being the Body of Christ in the world means serving one another. We need to remember to help them understand what it means to be Bread for the hungry and the poor.



The Mass will commence at 10.00am. Please join us for this significant celebration of this Sacrament within the life of our parish. It would be wonderful to see the church full to capacity as we gather together as a faith community to support these children and pray for them on their continuing faith journeys.

Pyjama Day

Tomorrow, the Social Justice Committee have organised a Pyjama Day, to raise money to support Bishop Holohan's Catholic Care appeal. Students are asked to wear their pyjamas and bring in a gold coin donation. I am sure the children will appreciate being able to get out of bed and come straight to school in their pyjamas!

P&F Disco

Also on Friday, the P&F are having a school disco. The disco will start at 5:00pm for the Kindy – Year 2 students and finish at 6:00pm. Then from 6:15pm-7:30pm, the Year 3-6 students have their turn. Students must be signed in and out. It is a \$2 for entry, but the children will be provided with a juice box, some popcorn and a glow stick.

I wish all families a wonderful week ahead. Next Wednesday to Friday, I will be attending the Year 5 camp, along with Mr O'Brien, which I know the students are excitedly looking forward to. During my absence, Mrs Achmad will be available to parents.

Peace and best wishes,

Russell Wylie

Assistant Principal News

The Solemnity of the Most Holy Body and Blood of Christ – Sunday 23 June

In our age of fast food and eating on the go, families often find that they are not eating meals together at a dinner table. Look back over the past week and recall how many meals were eaten together and how many meals were eaten alone or on the run.

In the Bible, meals are much more than a means to satisfy a physical need. The Hebrew people viewed eating a meal as a way of expressing and strengthening their relationship to one another under God's covenant. It is no coincidence that meals are often the setting of Jesus' teaching and miracles in the Gospels.

As a family, talk about the kinds of hungers that people have in addition to physical hunger. Describe the hungers that a family nourishes (love, compassion, forgiveness). Together give thanks for the food that Jesus gives us that we celebrate on this Sunday's feast of the Body and Blood of Christ. Make a commitment to share in this Eucharistic meal together as a family at St Thomas More Catholic Church on Saturday night at 6pm or Sunday morning at 10am.

Sacrament of Eucharist (Holy Communion)

Fourteen children from Year Four (*Anthony Achmad, Jed Bucat, Bonnie Campbell, Manning Cartell-Smith, Carla Fox, Jacob Galamgam, Cooper Kenyon, Railey Montalban, Samara O'Brien, Eloise Ride, Alba Robins, Harry Scott, Isaac Willcox and Ava Yee Wilson*) are receiving the Sacrament of Eucharist (First Holy Communion) this **Sunday 23 June** at 10am St Thomas More Catholic Church. Please keep these students in your prayers as they receive this Sacrament.

Refugee Week (Sunday 16 June to Saturday 22 June)

Russell and I attended the Margaret River Catholic Women's League morning high tea at St Thomas More Catholic Parish Hall this morning for Refugee Week. The fundraising event focused on sharing a meal, whilst sharing a story. We listened to a moving story about Tika's family's perilous journey to reach Australia from East Timor in 1975. We thank Tika for her story and the Margaret River Catholic Women's League for inviting us to help raise money for the Refugee Council of Australia.

Pyjamas for Catholic Care – Friday 21 June

Tomorrow, our school will be supporting the Bishop's appeal supporting Catholic Care, which is the charitable arm of the Diocese of Bunbury and provides funding for people in need across the general community throughout the Diocese. Its motto is "People helping People." Students can wear their pyjamas for a gold coin donation tomorrow.

Disco – Friday 21 June

Our P&F are holding a Disco for all students in the Library tomorrow evening. Kindy to Year 2 disco will be held from 5pm to 6pm. The Year 3 to Year 6 disco will be held from 6.15pm to 7.30pm. For \$2, the children will receive a juice box, popcorn and a glow band. It promises to be lots of fun with Mr Mike Goodwin and Ange providing the rhythmic beats on the night.

May God bless each of you and keep you safe.

Nicolle Achmad
Assistant Principal

Parish News

Masses

St Thomas More Catholic Church, Margaret River

- Saturday 6.00pm
- Sunday 10.00am

Lumen Christi Catholic Church, Augusta

- Sunday 8.00am



Book Chat Club

Calling all book lovers ages 10 and over!

The Margaret River Bookshop and Shire of Augusta Margaret River Library Service are partnering to start a Book Chat Club.

Books for Augusta River

What is a Book Chat?

A group for people aged 10-14 who are enthusiastic about books. Each month we will chat about what we have read and give reviews and recommendations for other members of the club.

There will be prizes for best review of the month and even free snacks provided for the session.

The session will be facilitated by either a bookshop staff member or Librarian to assist in great book discussions.

Dates, time and location

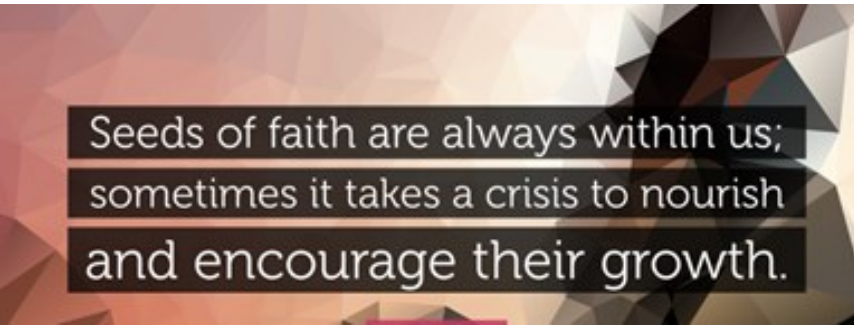
4.30pm-5.30pm
Margaret River Library
Last Monday of the month

25 February 2019	24 June
25 March	29 July
29 April	26 August
27 May	28 October
	25 November

Free
Event!

Contact the library on 9780 5600 for more information or visit amrlibraries.com

Thought of the Week



**Hot Chocolates
and
Choc Chip Cookies**

Hot Chocolates are available each Tuesday Recess

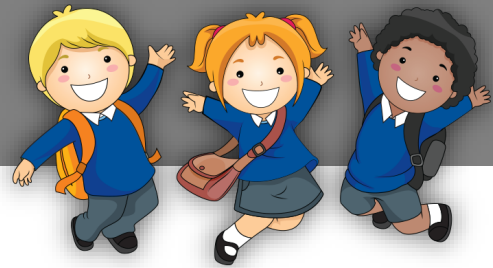
\$3.00 which includes a Choc Chip Cookie.



Children are reminded to provide their own Keep Cup with their name and year written on it.

The Uniform Shop

is open on **Tuesday** afternoons only between 1.30pm and 3.00pm.



Congratulations!

**School Merit Award Winners
Term 2 - Week 5**

- Pre-Primary: Summer Boparai
- Year 1: Ila Yee Wilson
- Year 2: Sophia Burges
- Year 3: Katie Campbell
- Year 4: Ava Yee Wilson
- Year 5: Blossom Kiernan
- Year 6: Xavier Moran



Fri 21st June

Pyjamas for Catholic Care—Bring a gold coin
Disco

Sunday 23rd June

10.00am Sacrament of Eucharist

Important Dates

Fri 5 July

St Thomas More Feast Day - Fun Day

NATURE CONSERVATION COMMUNITY PLANTING DAYS



Darch Brook - Kingfisher Loop
Saturday 8th June 2-4pm

Margaret River - Doyle Place
Sunday 16th June 9-12pm

Wadandi Track Cowaramup - Sunset Dve
Saturday 13th July 2-4pm

Gracetown - Melaleuca dunes (creek end)
Saturday 3rd August 2-4pm

Gracetown - Cowaramup Brook (Nth side)
Saturday 10th August 2-4pm

Wadandi Track Cowaramup - closed rd Curtis St
Sunday 11th August 10-12pm

Wear long pants and closed in shoes

Bring a friend and have fun helping your local environment

Contact Nature Conservation on 9757 2202

These events are supported by the Shire of Augusta Margaret River's
Environmental Management Fund



**Monday Evening
Term 3 Basketball Programs
Starts Monday 22nd July**



Sessions run on Monday's:
22nd & 29th July
5th, 19th, 26th August
2nd, 9th, 16th & 23rd September

All sessions held
@Margaret River Recreation Centre



Beginner Ballers: 5 – 11 year olds

Monday's 5.15 – 5.45pm → 9 sessions → \$100

- Perfect for first timers or those looking to improve their basketball skills.
- Kids will develop their basketball and fundamental movement skills through fun and engaging activities, games and drills.

9 weeks → \$100 for the term → 20 spots only
Book online now at

<https://www.trybooking.com/518253>

Skills Academy: 12-16 year olds

Monday's 5.50– 6.30pm → 9 sessions → \$100

Perfect for those already playing basketball who want to develop their individual skills, game play strategies, tactics and mental toughness.

9 weeks → \$100 for the term → 20 spots only
Book online now at

<https://www.trybooking.com/518267>

NEED TO CONTACT US?

Message us on Facebook @margaretriverbasketballacademy

Email: info@margsbasketballacademy.com.au

Website: www.margsbasketballacademy.com.au



**Kids July School Holiday
Basketball Clinics
9th & 19th July**



Suitable for ALL Ability levels

Join coaches Nathan and Jake at sessions designed to improve your child's skills in a fun and supportive environment.

Participants will develop their shooting, dribbling, passing, footwork, fitness and decision making skills through a variety of fun games and drills.

30 places per clinic, minimum of 2 coaches per session.

Clinic One: Tuesday 9th July @Margaret River Rec Centre

- 9am to 10.30am – Beginner (5-10 years old)

Book Now - <https://www.trybooking.com/509467>

OR

- 10.45am to 12.15pm – Beginner/Intermediate (10+)

Book Now - <https://www.trybooking.com/509508>

Clinic Two: Friday 19th July @Margaret River Rec Centre

- 9am to 10.30am – Beginner Clinic (5-10 years old)

Book Now - <https://www.trybooking.com/509484>

OR

- 10.45am to 12.15pm – Beginner/Intermediate (10+)

Book Now - <https://www.trybooking.com/509509>

\$30 per child per clinic

NEED TO CONTACT US?

Message us on Facebook @margaretriverbasketballacademy

Email: info@margsbasketballacademy.com.au

Website: www.margsbasketballacademy.com.au

The school has a dedicated line for absence notification.

This number is 9758 8042.

The line will not be answered, please leave a message of the child's name and class.

The Deli has produced a new menu for Mondays and Tuesdays.

Please see the menu list below.



STMCPs Food for thought! Monday and Tuesday	deli.
1 NACHOS \$5	
2 HOT CHIPS \$3.50	
3 SAUSAGE ROLL \$3.50	
4 PARTY PIES \$1.50	
5 SAUCE \$0.50	
6 DRINKS	HOT CHOCCO \$3.50 WATER \$2 JUICE BOX \$2 ROK KOMBUCHA \$5
TOTAL: \$	MONEY TO BE ENCL IN LUNCH BAG (CORRECT \$)

NAME: _____ CLASS: _____