17th June 2021

Issue 17

St Thomas More Catholic Primary School

T THOMAS MORE

Principal's Report

Prayer for the Sacrament of Confirmation

Spirit of God, seal our hearts with the Spirit of Your Love.
Give us the courage of the saints to love when it is easier to hate, to see beauty beneath what is ugly, and to bring hope to our world.

Teach us to have reverence and respect for all of life and to look for ways to respond to the Gifts you have given us.

Keep us always open to the Spirit's presence in our world.

We ask this through Christ our Lord.

Amen.



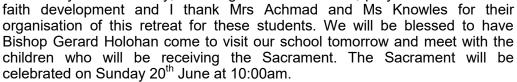
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Dear Parents and Caregivers,

Sacrament of Confirmation

Our Year 6 students have been developing their understanding of the Gifts and the Fruits of the Holy Spirit in preparation to receive the Sacrament of Confirmation, which will take place this Sunday. They have also been researching about a saint who they have found to be inspirational. Today, the Year 6 students attended a retreat at Lumen Christi church in Augusta to further prepare and reflect on the importance of this Sacrament and what it means. It was a very beneficial day, involving time for reflection, prayer and



The Vine

Wellness Week



Next Week is Wellness Week! We will be having a focus on wellness with lots of activities organised to support the mental, emotional and physical wellbeing of our staff and students.

We will be commencing each day with a Daily Fitness activity, led by our Year 6 Student Leaders. This will conclude by 9:00am each morning. We will have sessions run by Dr Lydia Altini, Charlie O'Beirne, Deb Shipton, Mandy Lane and Laurissa Knowles over the course of the week, covering such

topics as healthy eating, mindfulness, yoga, breathing and movement and dealing with anxiety. The classes will also be undertaking a meditation each day. Research has shown that just 10 minutes a day can assist students in reducing anxiety, depression and stress, whilst improving behaviour, a sense of self and learning capacity.



Continued over

Principal's Reportcontinued from Page 1

Children are invited to wear their Sport's uniforms each day and on Friday, the children are invited to dress in their favourite sporting team clothes.

This will all lead up to our celebration of St Thomas More Feast Day on Friday. We will begin the day with a Mass and then move into groups to complete some activities. The P&F are providing a free Sausage Sizzle lunch. We will conclude the week with a game of Netball – Staff v Year 6 Students.

Friday will be a 'Walk/Ride to School' day, where we encourage students to walk or ride bikes or scooters to school.

Here are some tips for travelling to school:

- If you are still working from home why not use this flexibility to walk, ride or scoot with your child to school. Active travel enables you and your child to engage in physical activity and spend some quality time together.
- Remember to reinforce good road safety habits such as wearing a helmet and practising the stop, look and listen, think procedure when crossing the road.
- Teach your child to always cross the road at a school crossing and to walk their bike or scooter across the road.
- If you need to drive, consider parking a few blocks away and walking the rest of the journey with your children.

More information about Wellness Week can be found further in the Newsletter.



St Thomas More Feast Day

St Thomas More Feast Day falls next Tuesday 22nd June, but we will celebrate this day on Friday 25th June as a school community. St Thomas More was widely remembered as a man of tremendous integrity and has since been described as a martyr. He was canonised in 1935 and is the patron saint of adopted children, lawyers, civil servants, politicians and difficult marriages. We will celebrate this day with lots of fun activities, a Mass and a Year 6 Student versus Staff netball game (weather permitting).

to school

3 Year Old Kindy Program

We are now offering a second day for our 3 Year Old Kindergarten program, operating on a Friday. If you, or someone you know would be interested in sending their child to attend a 3 Year Old Kindy program on a Friday, please contact the office.

Staffing

We are looking for a Special Needs Teacher Assistant to join our staff next Semester. Please see our advert on our website if you know someone who may be interested in this position.

We wish Mrs Jane Wolf and her family a wonderful time as she takes some Long Service leave for the remainder of the term to travel up north. We welcome Mrs Danielle Noble to teach our Kindergarten class during this time.

I wish all families a wonderful week ahead.

Peace and best wishes.

RUSSELL WYLIE PRINCIPAL

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Assistant Principal News

Dear Parents and Caregivers,

I was honoured to have spent the day today with our Year 6 students on retreat at Lumen Christi Catholic Church in Augusta with Mr Thomas McDonald and Ms Laurissa Knowles. A time that the students will deepen their relationship with God, to reflect on the gifts they bring to the world and what they would like to do in the future to change our world for the better and make a difference.





Wellness Week

Next week, we are looking forward to a week focusing on wellness. The students are encouraged to bring a healthy lunchbox each day to go into the running to win a prize. There will be table tennis competitions, yoga, stretching, exercise and talks on healthy choices. Students are asked to wear their sport uniform each day and there won't be any homework either. What fun!

St Thomas More Feast Day

Our **St Thomas More Feast Day** on **Friday 25 June** will begin with a Whole School Mass led by Year 5 in the church at 9.00am. We wish to extend an invitation to all families to join us for Mass. Following Mass, all students will be involved in a range of fun activities together. They will receive a Sausage Sizzle for lunch and an icy pole and we thank the P&F for organising this. The day will conclude with a staff vs Year 6 students netball game on the hardcourt.

CatholicCare

Our Social Justice committee is inviting all students to dress in their favourite sport team clothing and bring a gold coin donation to raise money for CatholicCare on **Friday 25 June**. The money raised will make a big difference to those in our Diocese who need our help.

Wishing you all a wonderful week ahead.

Mrs Nicolle Achmad Assistant Principal



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Thought of the Week





fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit, and they shall be created. And You shall renew the face of the earth

Congratulations!

School Merit Award Winners - Term 2 - Week 8



Pre-Primary	Alice Kucan
Year 1	Indianna Keogh Isaac Shepherd
Year 2	Sumi Vo
Year 3	Hunter Mann

Year 4 West O'Brien Year 5 Coco Nicholls Year 6 Samara O'Brien

Parish Masses

St Thomas More Catholic Church **Margaret River**

- Saturday 6.00pm
- Sunday 10.00am

Lumen Christi Catholic Church Augusta

Sunday - 8.00am



Important Dates

Friday 18th June

Pre-Primary Assembly 8.45am

Sunday 20th June

Sacrament of Confirmation 10.00am

Monday 21st June

School Board Meeting 6.30pm

Tuesday 22nd June

Years 3 and 4 Reconciliation 9.30am ⁻

Friday 25th June

Free Dress Day (dress in you favourite sports team clothing) Gold coin donation for CatholicCare

9.00am St Thomas More Feast Day

Whole School Mass - led by Year 5



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On Friday, students may dress in their favourite sports team clothes healthy eating, fitness, mental wellbeing and friendships. Students will be allowed to wear their Sports Uniform on each day if they choose to. In order to further promote healthy practices, St Thomas More will be having a 'Wellness Week' next week (Week 10). There will be a strong focus on

Crunch and Sip in the classrooms. There will be no homework for the week! Each morning will start with Daily Fitness, there will be daily meditation and

There will be a competition for the healthiest Lunchbox each day - send a photo of your lunchbox to Mr Wylie.

On Friday, we encourage all students to walk/ride to school where possible.



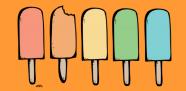
Mind meditation chill-out zone ne ent, breathing and ness	Monday Morning Fitness - led by Year 6 Leaders	Tuesday Morning Fitness - led by Year 6 Leaders	lay led by Year 6	lay Wednesday led by Year 6 Leaders Wednesday Leaders
Library chill-out zone lunchtime	g Mind meditation	Smiling Mind meditation Deb Shipman - Yoga sessions 9:00 - 10:40	Smiling Mind meditation Dr Lydia Altini - Mindfuln Nutrition - 9:30 - 10:15	Smiling Mind meditation Dr Lydia Altini - Mindfulness and Nutrition - 9:30 - 10:15
1:30 - Charlie O'Beirne - Movement, breathing and mindfulness CONNECT	Library chill-out zone lunchtime	Library chill-out zone lunchtime	Library chill-out	Library chill-out zone lunchtime
	1:30 - Charlie O'Beirne - Movement, breathing and mindfulness		CONNEC	KEEP

UNIFORM SHOP OPEN HOURS - MONDAYS FROM 1.30 - 3.00PM



Please email your Order Forms through to rita.willmott@cewa.edu.au with details of your order and credit card. Forms can be downloaded off the school's website. Uniforms will go home with your children on Mondays. Thank you!

The School Canteen is open on Fridays at Lunchtimes selling lcy Poles. All items are \$1.00



Absentees



A reminder to parents that there is a simple way to let us know your child is absent from school, while providing a note at the same time. Jump on our app or website!

There is an easy online form that can be completed and it is directly emailed to the school. Too easy! Either download our school app – Connected (password is Wisdom6285) or visit CONNECTED our website https://stmcps.wa.edu.au/ and go to the Communication tab to select Online Absentee.

Rapids Landing Dental Therapy Centre

Rapids Landing Dental Therapy Centre will be open between the hours of 8.00am and 4.00pm for Monday 5th July and Tuesday 6th July for the July School Holidays. Rapids

Landing DTC will be closed from Wednesday 7th July through to Friday the 16th July and will be open on Monday 19th July at 8.00am.

In an event of an emergency during the clinic closure please contact your local family dentist or call mobile 0409 935 793 for emergency advice.



Term 3 Swimming Lessons 2021

Stages 1/15

Monday/Tuesday/Wednesday/Thursday afternoons

Parent and Child Classes (6 months to 3 years)

Tuesday/Wednesday/Thursday mornings

Duo Classes for the 3 - 4 year old's

(2 Children per class)

Tuesday/Wednesday/Thursday mornings



Contact: Roberta Williams on 0429 651 450 Email: info@aquaticacademymargaretriver.com.au Web: www.aquaticacademymargaretriver.com.au

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SCHOOL HOLIDAYS CINEMA



June Again

Friday 25 June, 7pm & Monday 12 June, 11:30am



Those Who Wish Me Dead Tuesday 6 July, 7pm

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Tom & Jerry

Wednesday 7 July, 10am & Tuesday 13 July, 2pm

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Peter Rabbit 2: The Runaway Wednesday 7 July, 2pm & Friday 9 July, 2pm

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Cruella

Thursday 8 July, 10am & Friday 9 July, 7pm



A Quiet Place Part II Monday 12 July, 7pm



KIDS WORKSHOPS

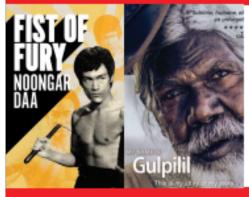


'We Can Sing Pop!' - with Andrea Frances Manners Tuesday 6 July & Tuesday 13 July, 10:30am

Still Life Drawing and Painting - with Caro Bannister Thursday 15 July, 10am

Hand Buidling Clay Spheres - with Natalia Ford Friday 16 July, 10:30am

NAIDOC WEEK CINEMA



Fist of Fury Noongar Daa + Live Q&A Thursday 8 July, 7pm



My Name is Gulpili Wednesday 7 July, 7pm



Breathing Life into Boodja film + Live Q&A Tuesday 13 July, 6:45pm



HEART

47 Wallcliffe Road Margaret River WA 6285 t 08 9780 5294 e contact@margaretriverheart.com.au margaretriverheart.com.au | @margaretriverheart

LIVE MUSIC



A Taste of Ireland: 2021 Australian Tour Saturday 3 July, 7:30pm

Homegrown@HEART - Locals Playing Folk Music