

St Thomas More Catholic Primary School



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Absentee Number: 9758 8042

The Vine



Principal's Report

*Father in Heaven,
You made us Your children and called us to walk in the Light of Christ.
Free us from darkness and keep us in the Light of Your Truth.
The Light of Jesus has scattered the darkness of hatred and sin.
Called to that Light, We ask for Your guidance.
Form our lives in Your Truth, our hearts in Your Love.
Through the Holy Eucharist,
give us the power of Your Grace that we may walk in the Light of Jesus
and serve Him faithfully.
Amen*

Dear Parents and Caregivers,

Book Week Parade



It was so wonderful to see the children dressing up as their favourite book character yesterday, to celebrate Book Week. I was super impressed with how many students (and teachers) got involved with this. With the theme of 'Dreaming with eyes open', it is a good reminder for us of the importance of reading and using our imagination. Our Book Fair was a great success, and I thank both parents and students in supporting this. The sale of these books helps the school to purchase new books for our Library.

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Clubs



Our Clubs program kicked off today for our Year 3 to Year 6 students. They participated in such activities as surfing, gardening (our new Aboriginal Sensory Garden is already starting to take shape!), mountain biking, cooking, orienteering and skateboarding. The children had a wonderful time learning these new skills and we are pleased to be able to offer such a program to our students allowing them to try something new, challenge themselves and interact with students outside of their class. Thanks to all the parents who are assisting with these clubs!

Uniform

As we are about to enter Week Three of the term, I would like to remind parents that the grace period for uniforms will end. Please ensure your children are dressed in the correct Summer Uniform each day. The Uniform Shop is open on Mondays from 1:30 – 3:00pm or orders can be placed on a form and handed into the office. We appreciate parents supporting our Uniform Policy. Unfortunately, we are still waiting on some sports shorts to be delivered in particular sizes. If you are having difficulty in getting the correct uniform, please come and see me. Please remember to contact your child's teacher should there be an issue with your child wearing the correct uniform.

School Fees

As we near the end of the school year, I would like to remind parents that school fees need to be paid by the end of November. May I ask that if you are not on a Direct Debit, that school fees are paid promptly. Thank you for your assistance in this matter.

Annual Community Meeting

On Wednesday 16th November, we invite the parent community to come along to our Annual Community meeting where we will report about the year that was, hear from our School Advisory Council and P&F and find out about who the staff will be for next year. The ACM will start with a Sundowner in the Undercover Area at 5:30pm, with the meeting taking place at 6:00pm. We will be looking for some parents to join our P&F for 2023 (as a few of the current members are stepping down after many years of service), so please fill out a Nomination form and return it to the office if you are interested in being a part of this amazing group of parents. The Nomination form can be found later in this newsletter.

Historical Society Banners

Students from St Thomas More created some banners which were used to celebrate the Group Settlement Centenary celebrations earlier in the year. These banners will be on display at the Margaret River Agricultural Show, but there is also a competition to win the 'favourite banner'. The winning school of this competition will be presented with \$2000, generously donated by Margaret River First National. Students from St Thomas More created the Mowen (Year 4 and 5 classes), Witchcliffe (Year 2 and 3 classes) and Rosa Brook (Year 6) banners. The banners can be viewed at <https://mrdhs.com.au/banners> and banners voted on at the show.

Kindy Excursion



On Tuesday, our Kindy students ventured out into the town of Margaret River to learn about community services, such as the postal system. They had a great time exploring the main street and the people who work in our community.

I wish all families a wonderful week ahead.

Peace and best wishes

RUSSELL WYLIE
PRINCIPAL

Assistant Principal News

School Value for Term 4 – Gratitude

Here are seven ways from the Positive Psychology website to encourage the development of gratitude in children:

1. Model and teach gratitude. This is the best way to teach any trait you want your child to develop.
2. Spend time with your kids and being mindful with them. Quality time is not only a positive experience for both children and adults; it also offers opportunities to model empathy and cultivates a sense of appreciation for the things you love.
3. Support your child's autonomy. Allowing your children to be semi-autonomous helps them to build their strengths and talents and encourages them to take ownership of their actions.
4. Use your children's strengths to fuel gratitude. Create opportunities for your children to be helpful and cooperative with others, enhancing their ability to feel and express gratitude.
5. Help focus and support kids to achieve intrinsic goals. In steering children away from the pursuit of materialistic goals and toward intrinsic goals, you can help children fulfill their own higher-level needs and aid in their development. Savour their accomplishments with them as one way to boost their sense of gratitude even more.
6. Encourage children to help others and devote time to nurturing relationships. Volunteer to help others with your child and encourage them to offer a helping hand to loved ones in need of support. Helping them to develop strong, positive relationships is a great way to make sure they have something to be grateful for.
7. Help kids find what matters to them. Assisting your child in finding what he or she is passionate about is a good way to help them find gratitude as well. A sense of purpose or meaning in life helps us all to discover what we love, contribute to society, and practice gratitude.

<http://positivepsychology.com>



All Saints Day Whole School Mass

Our Year 3 students will be leading our first Whole School Mass for Term 4 next Friday 28th October at 9.00am in the church. All Saints' Day celebrates all the Christian saints. Saints are holy people who are believed to be very close to God. All parents and families are invited to attend our Whole School Mass.

Have a wonderful week ahead.

God bless,

NICOLLE ACHMAD
ASSISTANT PRINCIPAL

Thought of the Week



Congratulations!

School Merit Award Winners

**Term 4
Week 1**

Pre-Primary	Chantelle Wylie Penelope Whelan
Year 1	Koa Emmett
Year 2	Ben Wynd
Year 5	Joshua Wynd
Year 6	Leo Yee Wilson

Thursday 20th October
5.00pm Year 2 iPad Meeting

Friday 21st October
8.45am Merit Assembly

Monday 24th October
Lions Eye Testing - Years 3 and 6

Tuesday 25th October
St Mary MacKillop Parent Information Session - 2.00pm and 6.00pm in the School Library

Thursday 27th October
11.00am - 12.40pm Clubs - Years 3 to 6

Friday 28th October
World Teacher's Day
9.00am Whole School Mass led by Year 3

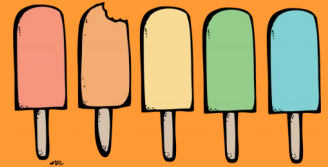
Important Dates

UNIFORM SHOP OPEN HOURS - MONDAYS FROM 1.30 - 3.00PM

Please email your Order Forms through to
rita.willmott@cewa.edu.au
 with details of your order and credit card.
 Forms can be downloaded off the school's website.
 Uniforms will go home with your children on **Mondays**.
 Thank you!

**The School Canteen is open on
 Fridays at Lunchtimes selling Icy Poles.**

All items are \$1.00

**Absentees**

A reminder to parents that there is a simple way to let us know your child is absent from school, while providing a note at the same time. Jump on our website!

There is an easy online form that can be completed and it is directly emailed to the school. Too easy!

Visit our website <https://stmcps.wa.edu.au/> and go to the Communication tab to select Online Absentee.

Parish Masses**St Thomas More Catholic Church - Margaret River**

- Saturday - 6.00pm
- Sunday - 10.00am

Lumen Christi Catholic Church - Augusta

- Sunday - 8.00am



Issue 7 of Book Club closes today.
 Orders received after today will not be processed.
 Thanking you for your co-operation.
 Rita Willmott - Book Club Organiser



On Friday 28th October, Jen Morrison and Jemma Shoppee will be walking 35km, from Hamelin Bay to Prevelly to raise money for Beyond Blue. You can support their cause by clicking here and donating to 'Cowie Cruisers'. Every little bit helps!

<https://www.coastrek.com.au/fundraisers/cowiecruisers>





St Thomas More Catholic Primary School
Margaret River

NOMINATIONS FOR ST THOMAS MORE SCHOOL P&F, 2023

Dear Parents and Guardians,

The AGM of the P&F Association will be held on **Wednesday 16th November 2022** starting at 5:30pm with a Sundowner and the meeting commencing at **6:00pm** in the Library. A report will be given at this meeting on the P&F's activities during the past year and how money that has been raised was spent.

The P&F Association is an essential part of the school and serves an important role in supporting the St Thomas More community and students. You are invited to consider serving on the P&F committee in 2023.

P&F Executive roles will be elected at the next P&F meeting after the AGM.

Four Executive positions (President, Vice President, Secretary and Treasurer) and six committee members make up the P&F committee. All other parents are welcome to attend P&F meetings and contribute to decisions made.

To nominate, please complete the form below, mark it for the attention of the Principal, and return it to the office. Nominations close on Friday 11 November, 2022.

Nominees may be invited to make a short presentation in support of their nomination at the AGM.

I thank you for your consideration to be part of this wonderful parent body.

Yours sincerely,

Russell Wylie
Principal

St Thomas More School P&F Nomination Form 2023

I have read the letter of invitation and wish to offer myself as a candidate for election to the School P&F.

Name: _____

Students at St Thomas More:

Phone: _____

Name: _____ Year: _____ 2022

Name: _____ Year: _____ 2022

Signature: _____

Name: _____ Year: _____ 2022

Thinking about high school?

Year 7
transition
process



St Mary MacKillop College

We invite you to join us in Dunsborough or Margaret River for an informal chat about the opportunities available for your child to attend **St Mary MacKillop College** at Year 7 from primary schools in the Capes region.

St Thomas More Primary School

30 Walcliffe Rd, Margaret River

Tuesday 25 October 2:00pm - 3:00pm

OR 6:00pm - 7:00pm

Our Lady of the Cape Primary School

245 Cape Naturaliste Rd, Dunsborough

Thursday 27 October 3.30pm - 4.30pm

OR 6:00pm - 7:00pm

- Meet our Principal and Head of Year 7;
- Learn about our Year 7 Transition program and why we're proud of our relationships approach to teaching and learning;
- Chat with our Enrolments Officer, Natalie Gordon, about the application and enrolment process for Year 7.

REGISTER NOW: trybooking.com/eventlist/mackillopevents



OPENTHEGATE to conversation

Open the Gate is a true grass roots project reaching out to support its people by giving them the tools to respond positively to mental health.



PULL YOURSELF OUT OF THE COVID BOG!

Are you overworked, understaffed, and tired?

Are you struggling to find some "you time"?

Do you feel alone in your struggles?

Are you struggling to bounce back after the pandemic and find a new normal?

It's time to turn the negative Covid impact into an exciting positive outlook!

Empower yourself to bring back positivity and efficiency into your life.

Prepare for new connections and relationships.

Learn the tell tale signs of ill mental health.

Structure your life so you CAN take that holiday!

Presentation by Laurissa Knowles

Followed by free sausage sizzle!

RSVP to www.openthegate.com.au/events

Scott River Fire Shed - Monday 17th Oct, 5pm

Karridale Primary School - Thursday 20th Oct, 4pm

Augusta Hotel - Monday 24th Oct, 5.30pm

Nannup Rec & Community Centre - Monday 7th Nov, 5.30pm

OPENTHEGATE



Augusta P&C Presents

MAGGIE DENT - REAL KIDS IN AN UNREAL WORLD



Known as the 'queen of common sense', Maggie Dent! This ticketed event booked for Wednesday 2nd November @4pm hosted by Augusta P.S P&C

Maggie will present, REAL KIDS IN AN UNREAL WORLD Building Resilience & Self-esteem in Today's children (10 Resilience Building Blocks)

Book tickets @humanitix.com - "Maggie Dent"



COMMUNITY DINNER HEALTHY FOOD DESIGNED BY OUR STUDENTS

Why not hang around and enjoy dinner?

Students at Augusta Primary School are designing Healthy Lasagna Options for a Community Dinner.

Our Canteen will be a hive of healthy energy in preparation to bring families together one tasty plate at a time.



lions australia
we serve



100

